

Level 1 - On Line

Line: 12-foot **Tools:** Carrot Stick, Savvy String **Zones:** 1 & 2 **Phases:** 1 - 4

Patterns: Touch It & Figure-8

Skills: (Seven Games)

Friendly:	<ul style="list-style-type: none">• Rub horse all over with Carrot Stick (hind legs optional).• Toss rope/Carrot Stick and String over neck and back 6 times, horse relaxed (no tension) and standing still.	<ul style="list-style-type: none">• Massage front legs.• Haltering with Savvy.
Porcupine:	<ul style="list-style-type: none">• Move forehand and hindquarters full circle.• Back up from nose (Zone 1) and chest (Zone 2).	<ul style="list-style-type: none">• Lower head.
Driving:	<ul style="list-style-type: none">• Point A to Point B, 12-foot Line, Zone 2.• Draw towards you, flowing hands on rope.	<ul style="list-style-type: none">• Backwards from chest.
Yo-Yo:	<ul style="list-style-type: none">• Back and forwards through gate.	<ul style="list-style-type: none">• Walk, back up (keep horse out of personal space, teach to stop and yield).
Circling:	<ul style="list-style-type: none">• 2 – 4 laps without breaking gait at walk and trot.	
Sideways:	<ul style="list-style-type: none">• Slow with a fence, both ways.	
Squeeze:	<ul style="list-style-type: none">• Through 4 foot gap.	<ul style="list-style-type: none">• Sniff the trailer.

Level 1 - Freestyle Riding

Area: 50 – 60' pen or round corral **Tools:** Hackamore **Phases:** 1 - 4

Saddling: No need to tie, rope over arm. Saddle with a 'hug'. Saddle is in appropriate position. No reactions to cinch.

Bridling: Bridle from knees /chair. **Rein Position:** Neutral Control Rein, Indirect Rein, Direct Rein, and Casual Rein.

Patterns: Follow the Rail & Figure-8

Skills: (Seven Games)

Friendly:	<ul style="list-style-type: none">• Preflight Check• Rub horse all over.• Lateral flexion, rub face.• Passenger Lesson at walk.	<ul style="list-style-type: none">• Stop with 1 rein and get off.• Trombone.• Mount horse from both sides.
Porcupine:	<ul style="list-style-type: none">• Lateral flexion, hold until relaxed.• Indirect Rein to disengage hindquarters (360°), direct rein (90°).• Squeeze to go (life up); lift rein to stop.	<ul style="list-style-type: none">• Relax and bend to slow or whoa.• Direct Zone 1 to turn 45° (Direct Rein).
Circling:	<ul style="list-style-type: none">• Figure-8s at walk with Casual Rein	

Level 1 - Liberty

Area: Small pen or stall **Line:** 12-foot w/Slack **Tools:** Carrot Stick, Savvy String **Zones:** 1 & 2 **Phases:** 1 - 4

Patterns: None...

Skills: (Seven Games)

Friendly:	<ul style="list-style-type: none">• Horse faces up, stands still to be approached in stall, pen or paddock.
------------------	---

Level 1 - Finesse Riding

Bits: Hackamore **Contact:** Soft touch, no vertical flexion **Energy:** Calm **Phases:** 1 - 4

Rein Position: Direct Rein and Indirect Rein.

Patterns: None...

Skills: (Seven Games)

Friendly:	<ul style="list-style-type: none">• Soft touch with open fingers.
Porcupine:	<ul style="list-style-type: none">• 9 step back up.